**January 2019**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Activity** | **Timings** | **Location** | **Dress** | **OOD** | **QM** | **POOD** | **Canteen PO** |
| 8 Jan 19 | Ceremonial Divisions | 1830-2130 | Optimist Club | C-1 | SLt Raper | PO1 Colucci | PO1 Lau | CPO2 Bogdan |
| 9 Jan 19 | Marksmanship Team Practice | 1845-2100 | Legion | Civilian |  |  |  |  |
| 12 Jan 19 | Biathlon Practice | 0900-1530 | Highlands Nordic | Civilian |  |  |  |  |
| 13 Jan 19 | Make Up Phase Training | 0930-1600 | Optimist Club | C-4 |  |  |  |  |
| 13 Jan 19 | Merit Review Board | 0930-1600 | Optimist Club | C-1 |  |  |  |  |
| 15 Jan 19 | Parade Night | 1830-2130 | Optimist Club | C-4 | CI Marshall | MS Feito | MS Yavorskiy, W | PO1 Cho |
| 16 Jan 19 | Marksmanship Team Practice | 1845-2100 | Legion | Civilian |  |  |  |  |
| 18-20 Jan 19 | Biathlon Area Competition | 1900 | Ray Twinney  | Civilian  |  |  |  |  |
| 22 Jan 19 | Parade Night | 1830-2130 | Optimist Club | C-3 | CV Wilkinson | MS Grigor | MS Yavorskiy, D | PO1 Kim |
| 23 Jan 19 | Marksmanship Team Practice | 1845-2100 | Legion | Civilian |  |  |  |  |
| 26 Jan 19 | Tartan Shoot (Marksmanship team) | TBC | TBC | Civilian |  |  |  |  |
| 26 Jan 19 | Biathlon Practice | 0900-1530 | Highlands Nordic | Civilian |  |  |  |  |
| 27 Jan 19 | Borden Shoot (Marksmanship Team) | TBC | TBC | Civilian |  |  |  |  |
| 29 Jan 19 | Sports Night | 1830-2130 | Optimist Club | SP-1 | CV Pelletier | MS Ignatenko | MS Tangpongprush | CPO2 Bogdan |
| 30 Jan 19 | Marksmanship Team Practice | 1845-2100 | Legion | Civilian |  |  |  |  |
| 3 Feb 19 | Mandatory Sports Competition | TBC | Banting Memorial | Civilian |  |  |  |  |

**Upcoming Activities**

8,9,10 Feb 19 - Regional biathlon

16 Feb 19 - Downhill skiing/tubing

23 Feb 19 - Zone marksmanship competition

24 Mar 19 – Flotilla Competition

5-7 Apr 19 – Mandatory Seamanship Training

25-26 May 19 – Mandatory Sail Training

1-2 Jun 19 – Mandatory Annual Practice / Ceremony

**Cadet Dress**

C-1 → Ceremonial Dress → Cap, Gunshirt, Tunic, Medals

C-2 → Mess Dress → Cap, White dress shirt, bowtie (male), cross-over tie (female), Medals

C-3 → Service Dress → Cap, Gunshirt, tunic, ribbons

C-3A → Service Dress → Cap, Gunshirt (no tunic or ribbons)

C-4 → Training Dress →Blue shirt, pants, boots and ball cap

SP-1 → Patriot Shirt / Camp Shirt / Issued Black Shirt, shorts, running shoes, Patriot Cap (or Black issued cap), Water bottle